

Protect Your Body... Your Temple

Get your Flu and Pneumonia Shots

African-Americans are less likely to get the shots they need.

- A flu shot should be taken every year
- A pneumonia shot should be taken one time after the age of 65

Those at high risk especially should get their shots:

- **Elderly**
- **Diabetic**
- **Heart disease**
- **Long term or chronic illness**

Medicare Part B pays for flu and pneumonia shots. Check with your local public health department or health care provider.

*Protect Yourself and Your Loved Ones...
With Shots.*



Office of Minority Health

South Carolina Department of Health
and Environmental Control

CR-006983 6/07

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